



SPRING MENU

WEEK 1

MON

TUES

WED

THURS

FRI

MAIN

BEEF MEATBALL TAGINE WITH SPICED COUS COUS (CE, E, G, MU*, SO*)

CHICKEN CHOW MEIN (E, G, SO)

ROAST CHICKEN, RUSTIC POTATOES & ROAST GRAVY

WHOLEGRAIN CHICKEN PAELLA WITH LEMON & GARLIC GREENS (CE)

FISH & CHIPS WITH FRESH MINTED MUSHY PEAS & HOMEMADE TARTARE SAUCE (E, F, G, MU, SU)

VEGGIE

FALAFEL, ROASTED VEGETABLES & COUS COUS (G, MU*, SO*, SU*)

VEGETABLE CHOW MEIN (E, G, SO)

VEGETABLE SPRING ROLLS WITH EGGFRIED RICE & SWEET & SOUR SAUCE (CE, E, G, MU*, SE*, SO)

ROASTED VEGETABLE PAELLA WITH LEMON & GARLIC GREENS (CE)

LOADED BEAN CHILLI FRIES (G*)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD

SELECTION OF COLD DESSERTS - SERVED DAILY



BUFFALO CHICKEN BURGER WITH LETTUCE & COOL MAYO (E, G, MU, SE*, SO)



WHOLEMEAL MAC & CHEESE (G, MK)



CHICKPEA CHANA WRAP, HOT PEPPER SAUCE WITH CUCUMBER RELISH (CE, G)



WHOLEMEAL CREAMY PESTO PASTA (G, MK)



PIRI PIRI CHICKEN LEG & CHIPS

STREET

MEAL DEAL

Theme Days



ALLERGENS KEY...

- CE - CELERY
- F - FISH
- MK - MILK
- N - NUTS
- CR - CRUSTACEAN
- G - CEREALS CONTAINING GLUTEN
- MO - MOLLUSCS
- P - PEANUTS
- E - EGGS
- L - LUPIN
- MU - MUSTARD
- SE - SESAME SEEDS
- SO - SOYA
- SU - SULPHUR DIOXIDE
- * - MAY CONTAIN